

# Vinita High School Healthy and Fit School Advisory Committee

Date: 3/27/19

## Agenda

Welcome:

Committee's Role: Allen Forrest

Farm-to-School: Mrs. Piguet

Smart Snacks

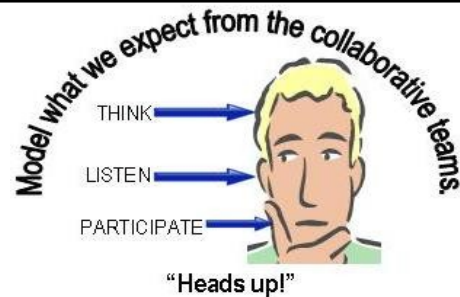
[http://www.fns.usda.gov/cnd/Governance/Legislation/allfoods\\_interimfinal.pdf](http://www.fns.usda.gov/cnd/Governance/Legislation/allfoods_interimfinal.pdf)

<http://www.fns.usda.gov/healthierschoolday/tools-schools-focusing-smart-snacks>

Discuss Wellness Policy updates

Next Meeting: Wednesday October 23, 2018

Closing



### Team Members

Allen Forrest (Admin)

Corinne Bridgeman (Child Nutrition)

Tiffany Floyd (School Nurse)

Carolyn Piguet (Teacher)

Julia Childers (Student)

Barbara Childers (Community Member)

Jimmy Sooter (SRO/Community Member)

Emily Colvin (Teacher/Parent)

Pam Swift (PE Teacher)

Sammie Prince (Board Member)

**MINUTES \* Mr. Forrest also wanted to make sure that the District Wellness Committee realizes the Wellness Policy is not solely the School Lunch Program, even though it always seems to be the center of controversy, but The District Wellness Policy is Nutrition Education, Physical Activity, School Based Activities, other food items sold on school campus, along with School Meal.**

**Mrs. Piguet discussed how the district and the FFA program have actively participated in community gardens and how she has put into her curriculum for students to learn about agriculture and nutrition.**

**Wellness updates to make policy current Page 2 (EFB) bullets 7 & 8 were added to physical activity and Bullet 2 on page 2 (EFB) and bullet 6 on page 3 (EFB).**